GIATROS HEALTH

Breast Cancer Screening

Breast cancer is a disease in which cells in the breast grow out of control. There are different kinds of breast cancer. The kind of breast cancer depends on which cells in the breast turn into cancer. Breast cancer can spread outside the breast through blood vessels and lymph vessels. When breast cancer spreads to other parts of the body, it is said to have metastasized.

Symptoms

Some warning signs of breast cancer are:

- New lump in the breast or underarm (armpit).
- Thickening or swelling of part of the breast.
- Irritation or dimpling of breast skin.
- Redness or flaky skin in the nipple area or the breast.
- Pulling in of the nipple or pain in the nipple area.
- Nipple discharge other than breast milk, including blood.
- Any change in the size or the shape of the breast.
- Pain in any area of the breast

Screening

Breast cancer screening means checking a woman's breasts for cancer before there are signs or symptoms of the disease.

A mammogram is an X-ray of the breast. Mammograms are the best way to find breast cancer early, when it is easier to treat and before it is big enough to feel or cause symptoms.

Having regular mammograms can lower the risk of dying from breast cancer. At this time, a mammogram is the best way to find breast cancer for most women.

Treatment

Breast cancer is treated in several ways. It depends on the kind of breast cancer and how far it has spread. People with breast cancer often get more than one kind of treatment.

- **Surgery**. An operation where doctors cut out cancer tissue.
- **Chemotherapy**. Using special medicines to shrink or kill the cancer cells. The drugs can be pills you take or medicines given in your veins, or sometimes both.
- **Hormonal therapy**. Blocks cancer cells from getting the hormones they need to grow.
- **Biological therapy**. Works with your body's immune system to help it fight cancer cells or to control side effects from other cancer treatments.
- **Radiation therapy**. Using high-energy rays (similar to X-rays) to kill the cancer cells.